

NAME:

Personal Novena to St. Jude (9 min X 9Days)

Print out this page before you begin your PERSONAL novena to St. Jude.

For each day, find some quiet time to reflect and say your prayers in private -may be in travelling, Parking, entering a Church, alone in the office, alone in the bedroom.....FOLLOW THE STEPS BELOW

1) Each day after making the *Sign of the Cross*; mark the date in DAY column and do write your intention on to the PRAYERS column below. [1 Min]

2) Recite the prayers as shown in the PRAYERS column. [2 Min]

3) Then reflect 3 minutes on the THOUGHTS shown and try to focus on the words, to help you opening your heart to praying. [3 Min]

4) Pray for your intention in your own sentence, 9 times. [2 Min]

5) Do keep a small picture of St. Jude in your wallet/pocket. Do revere St. Jude by holding picture in your hands during the day's prayer and reflections. At the end, recite "*St. Jude, My Friend, Be with me*" - 3 times to end your prayer. [1 Min]

After each day put a check in the DONE box to keep you updated.

Try not to miss a day; if do, resume where you left off. Do a cycle of Novena with single intention.

	PRAYERS	THOUGHTS	DONE
Day-1 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	Just as St. Jude witnessed the healing power of Jesus, pray that St. Jude may intercede for you so that you too may be a witness to God's power to heal	
Day-2 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	Jesus taught St. Jude to pray with confidence. You too must pray with faith and confidence that God has a plan for you and will always watch over you	
Day-3 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	St. Jude, like Jesus before him, suffered for his convictions. Ask now that Your faith will stay strong even though you may be suffering.	
Day-4 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	St. Jude preached to the poor, the slaves and the discouraged. Ask St. Jude to help you be a light of truth and hope to someone else who is in need	
Day-5 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	Jesus taught St. Jude the beauty of being selfless and serving others. Reflect on how pride, ego and selfishness may be preventing you from true happiness	
Day-6 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	St. Jude preached forgiveness and reconciliation. Is hatred, bitterness or revenge damage your relations? Strive to show compassion and mercy to others.	
Day-7 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	Just as St. Jude travelled to faraway lands to spread the Good News of God's Love, think of how your good words, deeds, and examples can help others.	
Day-8 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	Reflect on the close relationship between Jesus and St. Jude. Ask for comforting friendship, his warm presence and healing Spirit. Believe in change.	
Day-9 ---	Your Request to St. Jude: - _____ 3 Our Father/ 3Hail Mary/3Gloria's	On your last novena day, pray that this is a START of a new commitment to a new, more trusting, more peaceful YOU, confident of God's Love in your life.	

Donot show this sheet to anyone, sign it on last day after you finish the Novena. You may tear off the sheet after novena days.

Any queries : novenatostjude@gmail.com :

SCAN AND MAIL this sheet to above email ID FOR more Intercessory help

Signature: